

EASY READ



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West
Glamorgan
Regional
Partnership

WEST GLAMORGAN REGIONAL PARTNERSHIP NEWSLETTER

FEBRUARY 2024

This newsletter tells you about the **West Glamorgan Regional Partnership** and some of the work that we do.

These are the things you will read about in this newsletter:

DEPUTY MINISTER VISITS EARLY HELP HUB



VOLUNTEERING STRATEGY LAUNCH



AGEING WELL IN NEATH PORT TALBOT



THANK YOU TO OUR VOLUNTEERS



KEEPING UP TO DATE



We hope you enjoy reading our newsletter.

If you would like to get in touch, you can contact us by email or by phone:

Email: west.glamorgan@swansea.gov.uk **Phone:** 01792 633 805

This is an easy read newsletter.
But you may still need support to read it.
Ask someone you know to help you.



Words in **bold blue writing** may be hard to understand. You can check what all the words in blue mean on page 9.



Where the newsletter says **we**, this means the **West Glamorgan Regional Partnership**.

The West Glamorgan Regional Partnership is a group of organisations working together.

The group is made up of:

- Swansea Bay University Health Board
- Neath Port Talbot Council
- Swansea Council
- Charities and community groups. These are often called the **Third Sector**
- People in the community
- Carers.



Partneriaeth Ranbarthol Gorllewin Morgannwg	West Glamorgan Regional Partnership
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The West Glamorgan Regional Partnership helps to improve health and social care services in Neath Port Talbot and Swansea.



DEPUTY MINISTER VISITS

EARLY HELP HUB

In February, a **Deputy Minister** working for the Welsh Government visited a service for children and families in Swansea.



The Deputy Minister was called Lynne Neagle. She visited the Early Help Hub in Llansamlet.



The Deputy Minister spoke to children and their families about the support they have received.



The visit happened on the same week as Children's Mental Health Week.



There are 5 Early Help Hubs in Swansea. They were created in April 2020.

5

The Early Help Hubs have special workers called **Emotional Health and Well-being Workers**.

They work in schools to help children and families who need support.



DEPUTY MINISTER VISITS EARLY HELP HUB

The Early Help Hubs are places where families can get help easily. They have one main person to talk to for help.



Different services work together to help families, using places in the community.



They also have special workers called **Emotional Health and Well-being Workers** in schools. These workers offer extra help for families, especially in Swansea's schools.



The West Glamorgan Regional Partnership makes sure kids and families get the help they need for their emotional health and well-being.



They report to a special **board** to keep everything organised.



VOLUNTEERING STRATEGY LAUNCH

Did you know that 5th December is
International Volunteer Day?



We introduced our new regional
Volunteering Strategy on this day.
(click here to view).



We made a plan called the Volunteering
Strategy as part of the West Glamorgan
Volunteering Support project.

It shows how we want to work together
to make volunteering better for
everyone.



We also have a document called
Volunteering Strategy **Principles** that
explains more about our plan
(click here to view).



We also made helpful tools and
information sheets for volunteers and
groups that work with volunteers.

To find out more about **WGVS** click
below:

www.westglamorgan.org.uk/wgvs



AGEING WELL IN NEATH PORT TALBOT

We like to connect with our communities and make friends with other organisations.



'Ageing Well' in Neath Port Talbot started in May 2023.



Which is going well thanks to Ageing Well Officer Dan Garnell and his work friends.



Dan has been talking to lots of older people to find out what's important to them.



'Ageing Well' Neath Port Talbot wants to be officially seen as an 'Age-friendly Community' by the **World Health Organization**.



World Health Organization

One cool thing he has helped set up a special place called the '**Dementia Hwb**' in Aberafan Shopping Centre.



THANK YOU VOLUNTEERS

On Friday 12th January our team met at the Swansea.com Stadium with our brilliant West Glamorgan Volunteers.



We welcomed some new volunteers at the end of 2023.



The meeting gave everyone a chance to get to know each other and to find out more about the regional work programmes and what's happening in 2024.



Lydia Harley, the West Glamorgan **Volunteer Representative Coordinator**, said how lovely it was to see everyone together.



There were presentations on the day explaining the work of West Glamorgan and people could ask questions.

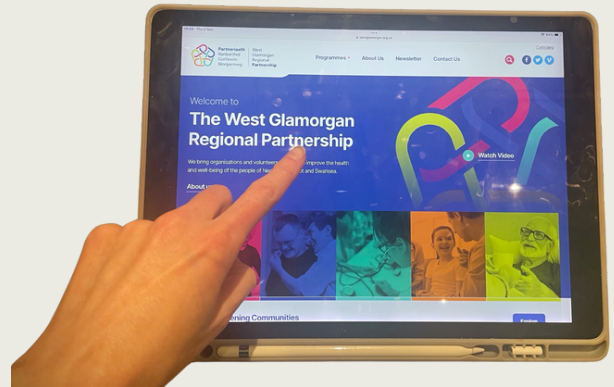


KEEPING UP TO DATE

We started the new year with our
Joint Working Journal



The new Joint Working Journal is a short update which is posted on our website after every West Glamorgan **Steering and Advisory Board (SAB)** meeting.



Our first Joint Working Journal is available on our website now!



To see our Joint Working Journal please click here:

www.westglamorgan.org.uk/journal

You may want someone to help you read this.

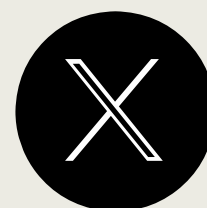


We are also on Facebook and X
If you want to follow us you can by clicking the links below:

[@WGlamPship](#) – X

[West Glamorgan Regional Partnership](#)

– Facebook



Hard Words

Third Sector

Another name for voluntary, charity or campaign organisations.

Regional Partnership

Brings together Health Boards, local Councils the Third Sector and citizens to meet the care and support needs of people in their area.

Volunteers

A volunteer is someone who helps other people.
They don't get paid for this.

Deputy Minister

A Deputy Minister is like a helper to the main Minister, who is a leader in the government.

NEST/NYTH

This is a piece of work to make sure that services for children and young people in Wales know about the importance of mental health.
The Welsh Government are making sure this happens all over Wales.

Regional Integrated Fund

Money to pay for health and social care projects in a region.
This region is Swansea and Neath Port Talbot.

Emotional Health and Well-being Workers

These are people who make sure that everyone feels happy and safe.

Board

A board is a group of people who work together to make decisions about something important.

International Volunteer Day

is a special day when we thank people who help others for free.

Hard Words

Volunteering Strategy

A plan to achieve certain aims,

OR a plan of what needs to be done to make a volunteering better.

Principles

These are like rules or guidelines that help us know how to act or make decisions.

WGVS

This stands for West Glamorgan Volunteering Support and is a team of different groups working together. They make helpful things to help people learn more about volunteering.

World Health Organisation

This is like a big group of doctors and experts from all over the world. They work together to make sure everyone is healthy and safe.

Dementia Hwb

Is an information centre in the heart of the community for all things dementia related.

Joint Working Journal

A place where we show progress of our work programmes.

Steering and Advisory Board (SAB)

A group of people who work in health and social care within West Glamorgan partnership or have lived experience.

The Steering Advisory Board are told about the work and decisions of the Programmes Boards, they also help if a Programme Board is stuck on a piece of work.